

Appendix 5
ESD Ergonomics Initiative
ESD Safety Committee
June 19, 2001

Why?

- A lot of poor work station set ups in ESD
- This was a finding during the MESH review

Proposed approach (modeled after EETD and PGF)

- Develop survey form
- Distribute to personnel
- Evaluate responses
- Determine need for conducting ergo evals (EH&S Ergo personnel can help)
- Identify the type of furniture and accessories needed
- Establish a basic set up and cost estimate
- Identify furniture make and models for chairs, tables, keyboard trays/arms.....
- EETD estimates \$950 for a basic set up. Includes chair, table, articulating arm and tray and assembly/installation by Facilities

Appendix 5

DRAFT ESD PREVENTIVE ERGONOMICS SURVEY FORM

Employee Name: _____ Ext: _____ Location (Bldg. & Room #): _____ Date: _____

Supervisor Name: _____ Ext: _____ Department/Program: _____

1. Where do you work ? Office Area _____ Laboratory Area _____ Other (describe): _____

2. What type of computer(s) do you use? (check all that apply) Single Desktop Computer _____ Workstation w/ multiple computers _____

Multiple Workstation Locations _____ Laptop _____

3. Is your average daily computer use > 4 hours? YES _____ NO _____

4. Do you have a telecommute agreement? YES _____ NO _____

5. What other type of work do you do routinely? Heavy Phone Work _____ Filing _____ Adding Machine _____ Use Hand Tools _____

Manual Lifting _____ Other (describe): _____

6. Do you have pain or discomfort that you feel may be associated with your work? YES _____ NO _____

[If yes, describe discomfort: _____

7. How would you rate your workspace?

_____ I feel my computer workstation set-up is satisfactory

_____ I would like to request ergonomic accessories: wrist rest _____ alternate keyboard _____ alternate pointing device _____

document stand _____ anti-glare screen _____ task light _____ monitor riser _____ ergonomic chair _____

foot rest _____ articulating keyboard tray _____ other _____

_____ I would like to request an ergonomic evaluation of my computer workstation